PUTTING PATIENTS AT THE CENTER OF CARE

Physicians' comprehensive ("whole person") knowledge of patients and patients' trust in their physician were the variables most strongly associated with adherence, and trust was the variable most strongly associated with patients' satisfaction with their physician.

Patients' trust and commitment to their physician favorably influence their health behaviors, level of satisfaction and adherence to a medical regimen.¹

Primary care physicians play a key role in encouraging healthy lifestyles.¹

¹http://www.annfammed.org/content/6/1/6

Health is Primary